Standard Guide for
Heated System Surface Conditions
That Produce Contact Burn Injuries

This standard is issued under the fixed designation C 1055; the number immediately following the designation indicates the year of
original adoption or, in the case of revision, the year of last revision. A number in parentheses indicates the year of last reapproval. A
superscript epsilon (ε) indicates an editorial change since the last revision or reapproval.

1. Scope

1.1 This guide establishes a process for the determination of
acceptable surface operating conditions for heated systems.
The human burn hazard is defined, and methods are presented
for use in the design or evaluation of heated systems to prevent
serious injury from contact with the exposed surfaces.

1.2 Values stated in SI units are to be regarded as standard.

1.3 The maximum acceptable temperature for a particular
surface is derived from an estimate of the possible or probable
contact time, the surface system configuration, and the level of
injury deemed acceptable for a particular situation.

1.4 For design purposes, the probable contact time for
industrial situations has been established at 5 s. For consumer
products, a longer (60-s) contact time has been proposed by
Wu (1) and others to reflect the slower reaction times for
children, the elderly, or the infirm.

1.5 The maximum level of injury recommended here is that
causing first degree burns on the average subject. This type of
injury is reversible and causes no permanent tissue damage.
For cases where more severe conditions are mandated (by
space, economic, exposure probability, or other outside con-
siderations), this guide may be used to establish a second, less
desirable injury level (second degree burns), where some
permanent tissue damage can be permitted. At no time,
however, are conditions that produce third degree burns rec-
ommended.

1.6 A bibliography of human burn evaluation studies and
surface hazard measurement is provided in the list of refer-
ences at the end of this guide (1).

1.7 This standard does not purport to address all the safety
concerns, if any, associated with its use. It is the responsibility
of the user of this standard to establish appropriate safety and
health practices and determine the applicability of regulatory
limitations prior to its use.

2. Referenced Documents

2.1 ASTM Standards:

C 1057 Practice for Determination of Skin Contact Tem-
perature from Heated Surfaces Using a Mathematical
Model and the Thermesthesiometer

3. Terminology

3.1 Definitions of Terms Specific to This Standard: Descrip-
tions of Terms Specific to This Standard:

3.1.1 skin:

3.1.2 epidermis—the second layer of skin cells. This
layer contains no vascular or nerve cells and acts to protect the
skin layers. The thickness of this layer averages 0.08 mm.

3.1.3 dermis—the second layer of skin tissue. This layer
contains the blood vessels and nerve endings. The thickness of
this layer averages 2 mm.

3.1.4 necrosis—localized death of living cells. A clinical
term that defines when permanent damage to a skin layer has
occurred.

3.1.5 burns:

3.1.6 first degree burn—the reaction to an exposure where
the intensity or duration is insufficient to cause complete
necrosis of the epidermis. The normal response to this level of
exposure is dilation of the superficial blood vessels (reddening
of the skin).

3.1.7 second degree burn—the reaction to an exposure
where the intensity and duration is sufficient to cause complete
necrosis of the epidermis but no significant damage to the
dermis. The normal response to this exposure is blisters of
the epidermis.

3.1.8 third degree burn—the reaction to an exposure where
significant dermal necrosis occurs. Significant dermal necrosis
has been defined in the literature (3) as 75% destruction of the
dermis. The normal response to this exposure is open sores that
leave permanent scar tissue upon healing.

3.1.9 contact exposure—the process by which the surface of
skin makes intimate contact with a heated surface such that no
insulating layer, film, moisture, etc., interferes with the rapid
transfer of available energy.

3.1.10 insulation system—the combination of an insulation
material or jacket, or both that forms a barrier to the rapid loss

1 This guide is under the jurisdiction of ASTM Committee C-16 on Thermal
Insulation and is the direct responsibility of Subcommittee C16.24 on Health and
Safety Hazard Potentials.


2 The boldface numbers in parentheses refer to the list of references at the end of
this guide.

3 Annual Book of ASTM Standards, Vol 04.06.
of energy from a heated surface. The insulation system may involve a broad range of types and configurations of materials.

3.1.11 jacket—the protective barrier placed on the exposed side of an insulation to protect the insulation from deterioration or abuse. The jacket material can be made of paper, plastic, metal, canvas cloth, or combinations of the above or similar materials.

3.1.12 thermesthesiometer—a probe device developed by Marzetta (13) that simulates the thermal physical response of the human finger to contact with heated surfaces.

4. Summary of Guide

4.1 This guide establishes a means by which the engineer, designer, or operator can determine the acceptable surface temperature of an existing system where skin contact may be made with a heated surface.

4.2 The process used in the analysis follows the outline listed below:

4.2.1 The user must first establish the acceptable contact exposure time and the level of acceptable injury for the particular system in question.

4.2.2 Secondly, the user determines the maximum operating surface temperature. This determination is made either by direct measurement (if possible) or by use of a calculation at design conditions using a method conforming to Practice C 680.

4.2.3 Next, utilizing the contact time (4.2.1), the maximum surface temperature (4.2.2), and the graph, Fig. 1, the user determines the potential injury level. If the operating point falls below the injury level specified (4.2.1), then no further analysis is required.

4.2.4 If the injury level exceeds that specified, further analysis of the system is required using either the thermesthesiometer (a direct method) or an additional calculation. Both methods are described in Practice C 1057.

4.2.5 If after this additional analysis the system still exceeds the injury level criterion, then the system is unacceptable for the criterion specified and the design should be revised.

5. Significance and Use

5.1 Most heated apparatus in industrial, commercial, and residential service are insulated, unless thermal insulation would interfere with their function; for example, it is inappropriate to insulate the bottom surface of a flatiron. However, surface temperatures of insulated equipment and appliances may still be high enough to cause burns from contact exposure under certain conditions.

5.2 This guide has been developed to standardize the determination of acceptable surface operating conditions for heated systems. Current practice for this determination is widely varied. The intent of this guide is to tie together the existing practices into a consensus standard based upon scientific understanding of the thermal physics involved. Flexibility is retained within this guide for the designer, regulator, or consumer to establish specific burn hazard criteria. Most generally, the regulated criterion will be the length of time of contact exposure.

5.3 It is beyond the scope of this guide to establish appropriate contact times and acceptable levels of injury for particular situations, or determine what surface temperature is “safe.” Clearly, quite different criteria may be justified for cases as diverse as those involving infants and domestic appliances, and experienced adults and industrial equipment. In the first case, no more than first degree burns in 60 s might be desirable. In the second case, second degree burns in 5 s might be acceptable.

NOTE 1—An overview of the medical research leading to the development of this guide was presented at the ASTM Conference on Thermal Insulation, Materials and Systems on Dec. 7, 1984 (14).

5.4 This guide is meant to serve only as an estimation of the exposure to which an average individual might be subjected. Unusual conditions of exposure, physical health variations, or nonstandard ambients all serve to modify the results.

5.5 This guide is limited to contact exposure to heated surfaces only. It should be noted that conditions of personal exposure to periods of high ambient temperature or high

![FIG. 1 Temperature-Time Relationship for Burns](image)
6. Procedure

6.1 This procedure requires the user to make several decisions that are based upon the results obtained. Careful documentation of the rationale for each decision and intermediate result is an important part of this evaluation process. Moreover, the rationale for each decision and intermediate result is an important part of this evaluation process. Where no available standards for these limits are prescribed, the following limits are recommended based upon a survey of the existing medical literature.

6.2 Acceptable Contact Times:

- **Industrial Process**—5 s.
- **Consumer Items**—60 s.

6.2 Acceptable Injury Levels—The acceptable injury level is that of first degree burns as defined in 3.1.6 and is the limit represented by the bottom curve in Fig. 1.

6.3 The next phase in the process is to establish the maximum operating surface temperature under worst case conditions. This evaluation may be made either by direct measurement (but only at worst case conditions) or by using a calculation approximation. The steps required for determining the maximum surface temperature are as follows:

6.3.1 The initial step is to establish the operating system parameters. This step provides input information to the analysis and may preclude any further work concerning burn hazard. The items that need to be identified and recorded are as follows:

- **System Description**—Shape, size, materials, including jacket material, thickness, and surface emissivity.
- **Operation Conditions**—Temperatures of heated system, times of year, cycle, etc.
- **Ambient Conditions**—Worst case design temperature for burn hazards would be summer design dry bulb. Or, for inside conditions, the maximum expected room ambient air temperature. Include the ambient air velocity, if known.

**Note 2**—Design conditions for burn hazard evaluation may be different from those used for heat loss analysis. For example, the highest ambient is used for burn hazard analysis versus the lowest for heat loss.

6.3.2 The second step is to determine the temperature of the system surface at the worst design condition by one of the following methods:

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6.4 In many situations, surface temperatures exceed the range of applicability of this guide and thus the evaluation is made through interpretation of the surface temperature data and the system properties. The limiting conditions below should first be examined to see if further analysis is required.

6.4.1 If the surface temperature is below 44°C, no short term (that is, less than 6 h) hazard exists and the remaining sections can be ignored.

6.4.2 If the surface temperature exceeds 70°C and the surface is metallic, it may present a hazard regardless of contact duration. Attempts should be made to lower the surface temperature below 70°C. Nonmetallic skins may be safe for limited exposure at temperatures above 70°C. In these cases, as with all cases between 44°C and 70°C, the analysis should be completed.

6.5 With the measurement or estimation of surface temperature for the system in question, utilize the graph (Fig. 1) and check if the intersection of the operating surface temperature and the selected time of contact falls below the threshold temperature.

**Note 4**—The threshold temperature used will depend on the limits of acceptable burn chosen in 6.2.2. If the burn level is first degree, use threshold line B in Fig. 1. If second degree burns are acceptable, use threshold line A in Fig. 1.

6.6 If the operating surface temperature and time are below the threshold (line B) curve, then the system meets the selected criteria.

6.7 If, however, the point falls above the curve, the system may meet the selected criterion only if certain combinations of insulation or jacketing, or both, are used. Analysis procedures for the jacketing/insulation effects are outlined in Practice C 1057. Two methods provided in Practice C 1057 are briefly described below.

6.7.1 The calculation technique provided in Practice C 1057 uses system geometry, material properties, and temperature conditions to estimate the maximum contact temperature used in Fig. 1 when the heat capacity effects of the surface are to be considered. Once this maximum contact temperature is determined, the user returns to steps 6.5-6.7 for the refined analysis.

6.7.2 An alternative to calculation of the contact temperature is available for those systems that are already operating. The thermosthesiometer (13) provides an analogue measurement of the same phenomenon as the computer method models (6.7.1). Care should be used in applying the thermosthesiometer since it must be applied at worst case conditions if the hazard potential is to be evaluated. Practice C 1057 outlines the correct procedures for use of this device for surface hazard evaluation. The output from the thermosthesiometer is the maximum contact temperature of the skin that can be related to Fig. 1 with no corrections for surface type needed.

6.8 If, after analysis using Practice C 1057, the system temperature still fails to meet the selected criterion, then increasing insulation, changing jacketing, or other means must be used to lower the surface temperature. Practice C 680 will be helpful in determining the levels required.
6.9 Once a new level of jacket and insulation is determined, the analysis above should be repeated to confirm safe operating conditions.

7. Report

7.1 Any report citing the use of this guide should include the following information:

7.1.1 System description,
7.1.2 System operating conditions (either measured or design),
7.1.3 Ambient conditions (either measured or design),
7.1.4 Method of surface temperature evaluation used, calculation or measurement,
7.1.5 Method of analysis of hazard potential, calculation, thermesthesiometer, contact time, and hazard level selected, and
7.1.6 Statement of analysis of results and conclusions.

8. Precision and Bias

8.1 As stated in the Scope, this procedure is valid for the average person. Individuals may be tolerant or sensitive to burns depending upon physical condition, age, ambient conditions, emotional state, etc. The literature (1, 4, 5) has shown, however, agreement on pain response and tissue damage for a panel of subjects to within approximately 10%.

9. Keywords

9.1 burns; epidermal injury; heat; injuries; skin contact temperatures; thermal insulation

APPENDIX

(Nonmandatory Information)

X1. RATIONALE

X1.1 Background—General

X1.1.1 Man has faced the potential of skin burns from touching hot surfaces since the discovery of fire in prehistoric times. He was concerned more with treatment of the injury than with the development of some means to prevent its occurrence. As civilization advanced, man developed crude insulation forms to control the extremes of heat to which he was exposed. The greatest improvement to these systems came since the industrial revolution where the use of high temperature power and process systems dictated the development of modern insulation systems, that not only conserve energy but also protect process products during manufacture. As technology expanded to include higher temperatures, more complex processes, and thus more worker exposure situations, worker organizations and later governmental agencies demanded the increased use of insulation for personal protection.

X1.1.2 At the same time that the workplace was becoming more hazardous, the increased development of consumer products that heated, steamed, or cooked increased the potential hazards found in consumer products and forced the use of more insulation and protection for the operator. Personal protection now is required everywhere for consumer products. Examples include curling irons, ranges, irons, dryers, dishwashers, light fixtures, and furnace and heating fixtures.

X1.1.3 The obvious solution is to simply insulate the heated part and thus isolate the hazard from the user. Unfortunately, the random application of insulation without detailed analysis can sometimes disrupt the process (that is, overheating where some loss is desired) or be an economic handicap to the overall cost of the project. Most applications of insulation to heated process systems are made on the basis of trade-offs between the cost of the installed insulation and the cost of the energy lost. Using this criteria or the more common rule-of-thumb approach, that is, “put on about an inch like we always do,” can create exposed surface temperatures that exceed even the shortest term human exposure limits. Thus, to protect both operators and casual visitors in an area, an analysis of the exposed surfaces must be undertaken to identify those having temperatures capable of causing burns.

X1.1.4 When consumer product and industrial system designers recognized the need to design for personnel safety, they established what they felt were safe operating limits for exposed surfaces. Since limited research data was available before 1950, many industries chose to establish their own standards for maximum surface temperatures based upon combinations of available research results and personal experience. This remains as the current method for the evaluation of surface hazards.

X1.1.5 In 1983, Committee C-16 undertook the study of a proposal to establish a standard criteria for evaluating burn hazard potential. This standard was to be well documented and easily used. As an adjunct to this effort, a second standard was proposed to establish a means for evaluating existing or proposed systems for hazard level by either physical measurement or mathematical modeling.

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X1.2 Background—Physiological Mechanism of a Burn

X1.2.1 Previous to World War II, little research has been performed in developing an understanding of the physiology of burns to the human body. With the increased destruction potential of more powerful weapons, burn injuries became a common battle problem and the military began to support research to study the relationships between burn damage and the severity of exposure. At that time, little was known about the mechanism by which hyperthermia (high temperature exposure) leads to irreversible damage. The chemical reactions occurring within the skin cells upon exposure and the relationships between exposure temperature and duration on the
transfer of heat into the skin were also subjects of research.

X1.2.2 The first significant research on the subject was conducted by Henriques and Moritz at the Harvard Medical School (2, 3, 8, 9, 10, 11). The results were released for publication in 1946 through 1948. This research, performed primarily on swine (which happen to have similar skin properties to humans), with some human subjects added later, helped define the significant parameters controlling the flow of heat into the skin. Later, the relationship between temperature and duration of exposure to the extent of damage observed was established to serve as a guide for future work. Some of the significant results of this initial work (2) are:

X1.2.2.1 The burning of human skin occurs as a complex, nonsteady heat transfer between a contacted medium, that is, a hot surface, and the surface of the skin. The rate of heating depends upon the temperature and heating capacity of the source and the heat capacity and thermal conductivity of the skin layers (see Fig. X1.1). Neglected in these studies were the flow of blood to carry heat away and the physiological changes in skin properties as the damaged zone traverses the outer skin layers.

X1.2.2.2 Factors that cause increased complexity of the problem include: (1) site variations with respect to the thickness of the different skin layers; (2) variations of initial conditions within the skin with respect to time, position, and physical condition of the subject; (3) the unknown average rate of blood flow through the skin layers and variations within the layers with respect to location and ambient temperatures (warm ambient causes increased flow near surface and cold ambient results in less flow near surface); and (4) the appearance of watery fluids in variable quantities upon exposure that result in alterations of skin density, heat capacity, thickness, and thermal conductivity.

X1.2.2.3 Analysis of the experimental results showed that it was possible to assume average conditions and to develop an approximate first order Fourier’s law equation to describe the transient heat flow in the contact problem. The modeling work by Henriques neglected the influence of contact resistance and blood flow and assumed that both the skin and touched surface could be treated as semi-infinite. Succeeding experiments showed that the assumption of semi-infinite solids and neglecting blood flow were valid for the time/temperature conditions of interest. The experiments performed at Harvard used a direct contact water bath which avoided the issue of contact resistance.

X1.2.3 After their initial work was complete, Moritz and Henriques extended their work to include the effects on human skin of hyperthermia of varying duration and varying degrees of intensity. These studies (3) led to a clearer definition of the degree of burning. Several additional conclusions were forthcoming from that research and are outlined as follows:

X1.2.3.1 The pain reaction to prolonged hyperthermia exposure first occurs as a stinging sensation at between 47.5°C and 48.5°C. The level of discomfort does not always correlate with the level of damage sustained or with intensity between subjects or the same subject on different days.

X1.2.3.2 The lowest temperature where epidermis (outside skin layer) damage occurs is approximately 44°C when it is sustained for approximately 6 h. It is possible to extrapolate this result to conclude that longer exposures might cause damages at temperatures below 44°C.

X1.2.3.3 As the temperatures of contact increase above 44°C, the time to damage is shortened by approximately 50% for each 1°C rise in temperature up to about 51°C.

X1.2.3.4 Testing showed that increasing the pressure of contact within an expected range was not sufficient to collapse the blood vessels and cause an increased vulnerability of the epidermis to thermal injury.

X1.2.3.5 At temperatures above 70°C, the rate of injury from a high capacity surface exceeds the body reaction time (less than 1 s to have completed epidermis cell death) such that the blood vessel location or flow has little effect on the level of burn.

X1.2.3.6 The level of skin damage to the duration and intensity of surface contact can be related by the following curve (Fig. 1). Exposures below the lower curve should not produce permanent injury in normal humans. Exposures between the curves are described as second-degree burns and have intermediate levels of cell damage. Exposures at levels above the top line are defined as third-degree burns that cause deep, permanent cell damage and scarring.

X1.2.3.7 After the initial research described above, several other researchers studied the same problems to extend the knowledge of burns to more realistic situations. Most significant here are problems with contact resistance and source surfaces having non-infinite thermal inertias. Wu (1) took the analysis developed by Moritz one step further by adding the heat transfer reaction for a source of high energy. His treatment, assuming contact between two semi-infinite bodies of finite thermal inertia (as measured by the square root of thermal diffusivity) at different temperatures, showed that sources of low inertia, for example, wood, insulation, and some plastics, cause a slower rise in skin temperature than a source of high thermal inertia, for example, steel and aluminum, at the same temperature. In short, this is explained by observing that high thermal inertia materials can make more energy available at the surface in a given time than those of lesser thermal inertia.

X1.2.3.8 Wu also pointed out that cell death (necrosis) is a...
result of irreversible thermal denaturation of the protein present within the cell. This denaturation is a rate process having a very high temperature coefficient that corresponds to a very high activation energy. In short, the higher the temperature of exposure, the faster damage occurs. This explanation confirms the results of Henriques and Moritz. Wu also developed the information presented in Fig. X1.2 that outlines the relationship between the pain sensation, exposed skin color, tissue temperature at 80 µm depth, and cell process.

X1.2.3.9 Stoll (4) on the other hand, looked at the relationship between pain, reaction times, and injury and found approximately ±10% day-to-day variation in pain thresholds for individual human subjects. This research established a minimum time to sense the pain and react to it at any temperature to be a minimum of 0.3 s. For those situations where pain was reached beyond 0.3 s Stoll found that complete epidermal necrosis occurred at a time approximately 2.5 times the time for initial pain sensation.

X1.2.3.10 Several years after his initial work, Wu (5) proposed a third model composed of three layers (see Fig. X1.3) so that the properties of the surface layer and the substrate could be different. This model describes the identical case to that of an insulation covered by a jacket material. The equations Wu developed are a basis for establishing an extrapolation of Moritz’s work to real insulated systems.

X1.2.3.11 Wu also recommended that a 1-min exposure limit be used for design purposes for persons who have slow reactions (infants, elderly, or infirmed) or who freeze under severe hazard conditions. The influence of contact resistance was shown to also have significant effect. Hatton et al. (6) demonstrated that the results of Stoll on pain and blistering times were better correlated if a finite contact resistance was included in the model. He defined pain as the point in which the interface between the epidermis and dermis reaches a temperature of 44°C. His improved correlations were accomplished using a surface coefficient of 1000 (W/m²·K); however, depending upon skin conditions, this coefficient could range down to as low as 10 (W/m²·K).

X1.2.3.12 Finally, McChesney (7) added a final point to the understanding of burn prevention when he suggested that some factor be included in the analysis to account for the heating wave which continues to penetrate the skin for some time after the contact is removed. He did not, however, venture a guess as to what that factor should be since it would depend upon the method of cooling the contact location on the skin.

X1.3 Background—C-16 Activity

X1.3.1 In 1983, members of Committee C-16 requested that a task group be established to study the problem of burn hazard evaluation. The initial task group was established within the C16.24 Health and Safety subcommittee with the charter to establish “a guide for the determination of safe surface operating conditions for heated systems.” The scope of this work included: (1) to establish a uniform definition of the human burn hazard; and (2) to establish a usable practice for design or evaluation, or both, of heated systems to prevent serious injury upon contact with exposed surfaces. After initial review of the scope and objectives, a second area was identified which was necessary to support the work of the first group. At the fall 1983 Committee C-16 meeting, a task group within Subcommittee C16.30 on Thermal Measurements, was established with the objective to develop the analytical tools.
necessary for evaluating the contact burn potential of heated surfaces either on existing equipment or during design. These tools, when used with the guide established by the first group, are intended to provide to the user, designer, or manufacturer the procedures needed to evaluate the relative safety of a piece of hardware or system.

X1.3.2 A survey was made of available literature to establish the state of the art on the subject and to determine what standards were already in place. The information in the background section of this Appendix summarizes some of the significant work done to date in this area. Significant technical papers which relate to burn hazard evaluation and associated medical research are listed in the References (1-16).

X1.3.3 In April 1984, each task group presented the first draft of the proposed standards. The two draft standards received final society approval in February 1986. The Guide C 1055, developed by Subcommittee C16.24, establishes the definitions of burn hazards and a guide for evaluating the combinations of time of exposure, surface temperature, and surface composition that make up a system with potential hazards. Practice C 1057, developed by Subcommittee C16.30 has identified two tools for the evaluation of specific systems for hazardous conditions. The first tool, intended for existing systems, is a device called the thermesthesiometer. Developed by Marzetta (13, 15, 16) at National Institute of Standards and Technology, this device simulates the thermophysical reaction of the human skin to touch contact with a heated surface. Although this device is relatively accurate and easy to use, it has the drawback of requiring an existing system for test and cannot be used during the design phase. The second tool identified combines the previously established Practice C 680 method for surface temperature prediction with the modeling work of Dussan (12) to predict, for a given design, the expected contact temperature for the system. This temperature is a function of surface temperature and composition of both the jacketing material and insulation substrate. The designer then refers in Guide C 1055 to determine the safety of the surface.

X1.4 Summary

X1.4.1 Personal injury resulting from contact with heated surfaces can be prevented by proper design of insulation systems or other protective measures. The work of Subcommittee C16.24 on Health and Safety and Subcommittee C16.30 on Thermal Measurements has established a guide for what constitutes safe surface conditions and has standardized the tools by which proposed or existing systems can be examined for potential burn hazard. These standards, supported by significant research into both the physical and medical processes involved, provide the designer the tools he needs to balance the expected exposure times, operating conditions, and system geometry to obtain the safest yet most economical systems.

REFERENCES
